

lunch

served 11am – 4pm

brunch

hash

roasted sweet potatoes & brussels sprouts, sauteed mushrooms, caramelized onions, poached eggs, tarragon
dijonaise 17
add avo 2.5
add bacon 3.5
substitute baked tofu 2

hot honey chicken and waffle

breaded chicken breast, hot honey sauce, served w/local hot honey 15

acai bowl

acai blended with berries, bananas, almond milk, agave, topped with chia, hemp, pumpkin seeds, pecans, coconut 13
add granola 3 (contains honey)

toasts

avo

smashed avocado, sprouts, grape tomatoes, pickled sweet peppers, rustic multigrain, 13
add poached egg 1.5
add baked tofu 3

egg salad

house-made egg salad, baby arugula, radishes, Passenger chili crisp, on homemade sourdough. 13

hummus

goddess hummus, jalapeno-garlic olives, grape tomatoes, feta cheese, herb olive oil, on homemade sourdough 13

veggie

whipped goat cheese, cucumber, daikon radish sprouts, pickled onions, sundried tomato jam, champagne vinaigrette on rustic multigrain 11

smoked salmon

smoked salmon, whipped goat cheese, baby arugula, pickled onions, caper berry, herb olive oil, on marble rye 17

pick 2

1. bowl of soup or chili
2. salads: paradise or greek
3. sandwiches: turkey club, mushroom reuben, grilled cheese, double dill, 17.5
sweet n salty or turkey, bacon & gouda

soup

3-bean chipotle chili c 7 / b 9

served w/organic tortilla chips

soup of the day c 7 / b 9

served w/lahvosh

salads

served w/lahvosh

paradise

local little gem lettuce, baby arugula, cranberries, toasted walnuts, bleu cheese, maple vinaigrette sm. 10 lg. 16

greek

local little gem lettuce, baby arugula, grape tomatoes goddess hummus, jalapeno-garlic olives, dolma, feta, tahini vinaigrette sm. 11 lg. 17

smoked salmon wedge

scottish smoked salmon, local little gem lettuce, avocado, radish, pickled onions, grape tomatoes, toasted hazelnuts, parmesan cheese, champagne vinaigrette 22

berry crunch

local little gem lettuce, baby arugula, house-made granola, fresh strawberries, candied walnuts, whipped goat cheese, champagne vinaigrette 17

blt&e

local little gem lettuce, local tomatoes, bacon, buttonwood farms hardboiled egg, house-made buttermilk ranch 18

add to any salad:

grilled organic chicken breast
or air-baked breaded chicken 7.5
artisan scottish salmon, chilled 9.5
baked tofu 6

sandwiches

with choice of side

turkey club

all natural turkey, nitrate-free bacon, cheddar, spinach,
tomato, mayo on multi-grain 18

turkey, bacon & gouda

caramelized onion, blackberry mustard
on grilled sourdough 19

hot honey chicken

air-baked breaded chicken,
hot honey sauce, local little gem lettuce,
pickles, mayo on brioche bun 17

salmon BLT

Wester Ross salmon, nitrate-free bacon,
spinach, tomato, onion, tarragon-dijonaise
on brioche bun (when available) 22

mushroom rueben

sauteed mushrooms, sauerkraut, swiss cheese, Russian
dressing on grilled rye bread 16

classic grilled cheese

real American cheese on grilled sourdough 13

double dill

dill havarti cheese, dill pickles
on grilled rye bread 15

sweet n salty

goat cheese, white cheddar, gouda, local honey, pink sea salt
on grilled sourdough 15

fine print

Consuming raw or undercooked meats, poultry, seafood
or eggs may increase risk of foodborne illness.

Food prepared in our restaurant may contain the
following ingredients: milk, eggs, wheat, peanuts, and
tree nuts.

If you have a food allergy, please notify your server.
We will make every effort to accommodate your needs,
however we cannot guarantee that there will be no
cross contamination for these allergens.

burgers

local 6 oz. prairie raised,
grass-fed beef with choice of side

smash burger

choice of real American, cheddar, gouda, swiss,
goat, or dill havarti, spinach, tomato, onion,
dill pickles on brioche bun 18.50

sl*tty

smash-burger style, real American cheese,
caramelized onions, pickles, red onion,
Russian dressing, mayo on brioche bun 21

black bear

house-made black bean burger, spinach, tomato,
onion, avocado, chipotle mayo, on brioche bun 16

bowls

prosperity

forbidden rice, roasted sweet potatoes, black beans, toasted
pepitas, chimichurri sauce 14

high protein peanut chicken

buttonwood farms chicken breast, forbidden rice, roasted
sweet potatoes, spinach, avocado, daikon radish sprouts,
soy-peanut sauce 21
41 grams of protein

kids at heart

grilled cheese

real American cheese on sourdough, choice of fruit, chips or
air-baked tots 9

chicken strips

air-baked breaded chicken
choice of fruit, chips or air-baked tots 8

sides

super side 4
air-baked tots 4
kettle chips 3
fresh fruit 4

soup / chili add 2.5 side 7
greens 4
greek salad add 3/side 9
paradise salad add 2.5/side 8