the Wolf Cafe

breakfast served until llam

bowls

add fresh fruit, toast or grilled potatoes 1.5

oats V organic steel cut oats, cranberries, berries. cinnamon-brown sugar topping 8

acai bowl vacai blended with berries, bananas.

almond milk, agave, topped with chia, hemp, pumpkin seeds, pecans, coconut 11 add granola 3 (contains honey)

parfait local greek vanilla yogurt, house-made granola, berries 9.5

house-made granola rolled oats, almonds, coconut, cranberries, local honey, choice of milk, berries 9.5

slinger wolf-made black bean burger, chili, cheddar, jalapeno, pickled onion, 2 eggs over easy 15 sub grass-fed beef patty 2

hash roasted sweet potatoes, brussels mushrooms, red onions, two eggs over easy, tarragon-dijonaise 14

breakfast bowl three eggs scrambled, organic spinach, salsa, avocado, cheddar, choose nitrate-free bacon or black beans 14

scrambles

add fresh fruit or toast 1.5

bacon scramble 3 eggs scrambled. nitrate-free bacon, organic spinach, red onion, grape tomatoes, goat cheese, grilled potatoes 13.5

ham scramble 3 eggs scrambled, nitrate-free ham. cheddar, grilled potatoes 12.5

veggie scramble 3 eggs scrambled, organic spinach, mushrooms, red onion, cheddar, salsa, grilled potatoes 12.5

tofu scramble bowl vofu scramble, plant-based sausage, zucchini, red onion, sweet peppers, sweet potatoes, chimichurri sauce 13.5

sandwiches

add fresh fruit, toast or grilled potatoes 1.5

breakfast club two eggs over hard, bacon, spinach, tomato, smashed avocado, mayo on multi-grain toast

grilled egg sandwich 2 eggs over hard, cheddar cheese, tarragon-dijonaise on grilled brioche 11 add avocado 2.5 add nitrate-free bacon 2.5 add nitrate-free ham 4.5

plates

avo toast rustic multi-grain, fresh crushed avocado, sprouts, grape tomatoes, pickled sweet peppers 11 add over easy egg 1.5 add tofu scramble 1.75

lox bagel organic everything bagel, smoked salmon, herbed goat cheese, caper berries, pickled onions, baby arugula 14

french toast Companion brioche, grilled, butter, powdered sugar, pure maple syrup 3pcs. 13.5 / 2pcs. 11.5 add: blueberries 3 granola 3 chocolate chips 1.5

buckwheat pancakes 3 house-made buckwheat pancakes, butter, powdered sugar, pure maple syrup 12 add: berries 3 granola 3 chocolate chips 1.5

a la carte

avocado 2.5 prairie raised egg 1.5 bacon (nitrate free) 2 pcs. 2.75 / 4pcs 5.5 ham (nitrate free) 4.75 tofu scramble side 3.5 seasonal fresh fruit 3 grilled potatoes 3

everything bagel w/cream cheese 5 w/vegan cream cheese multi-grain toast 2.5 sourdough toast 2.5



vegan

available vegan (may be an upcharge)